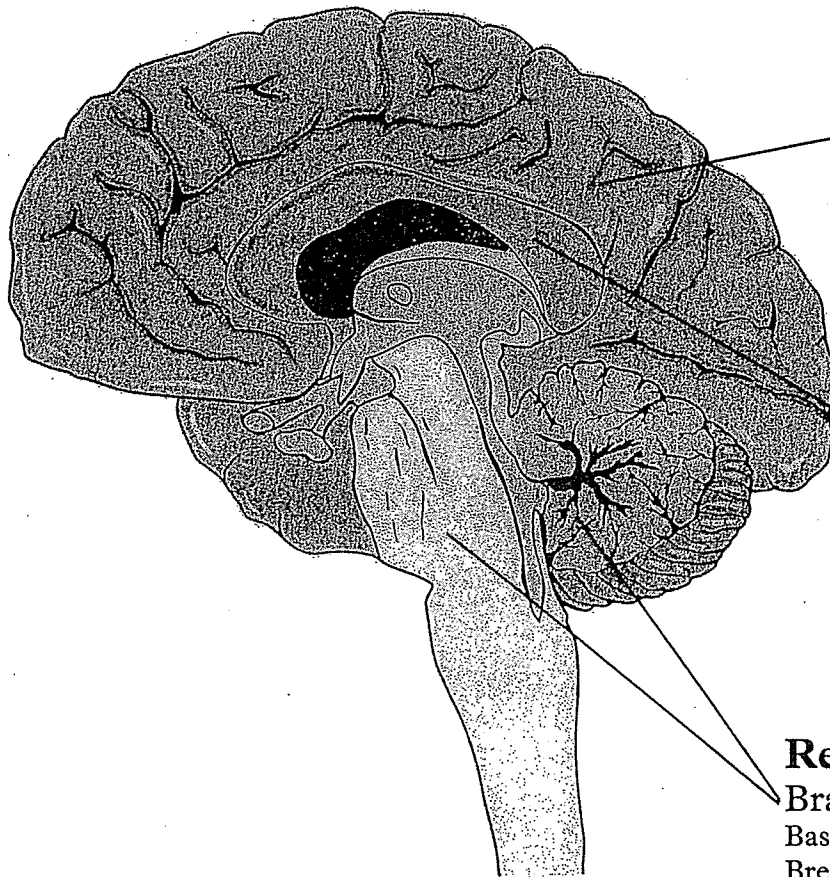


# The Three Parts of the Brain



## **Logical**

Cerebral Cortex  
Speech, Writing,  
Use of Tools, Math,  
Logical Processes, Time

## **Mammalian**

Limbic System  
Emotions and Living  
in Relationships

## **Reptilian**

Brain Stem  
Basic Life Support including  
Breathing, Heartbeat, Digestion  
and Other Internal Organ Func-  
tions

**Survival:** If something is dangerous, we will fight, flee, play dead or freeze, hide or submit. If it is safe, we will play with it, nurture it, mate with it, work, or be creative.

*Based on MacLean(1964), used with permission.*

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